

hollywood bowl



Bowling shoes

Whilst adults are able to bowl in their own flat soled shoes, our bowling centres all offer a wide range of sizes, from the tiniest children's Velcro fastening ones, to large big-footed adult ones (approx. size 12/13*). Our shoes are specially designed to protect our floors, while also allowing you to slide smoothly on the lanes when bowling. Shoes are all cleaned daily, although you may like to bring a spare pair of socks if you prefer.

Bowling ball

From our lightest 6s to our heaviest 16s, with grip sizes XXS right through to XXL, there's a ball to fit every bowler. The balls are colour coded by weight, with an engraved letter showing the grip size. Your perfect ball should be comfortable to hold and not too tight on the grip, allowing your two middle fingers to be inserted down to the second joint.

Safety first!

Please take care when picking up and putting down the balls to avoid hurting your lovely little fingers, or back.

Dress comfortably

It's important that you're able to move freely when bowling, so make sure you wear something comfy. Sorry ladies, that means short skirts probably aren't the best choice!

* All bowling measurements are imperial i.e. pounds & ounces, feet & inches